



Live Oak Middle School Menu



September 2024

| Harvest Of The Month: | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|------------------------------------|---|---|
| Tomatoes  | 2 | 3 | 4 | 5 | 6 |
| Breakfast Options: Please choose one: <i>Daily Special, Cereal, Yogurt</i> <i>or a Benefit Bar.</i> Fruit and milk are included. |  No School - Enjoy! | <i>Breakfast Sandwich</i> ✂ | <i>Fruit and Granola Parfait</i> ✂ | <i>Breakfast Burrito</i> ✂ | <i>Cinnamon Rolls</i> ✂ |
| | | Walking Taco (Beef) ✂ | Grilled Cheese Sandwich ✂ | Popcorn Chicken Bowl served with a roll ✂ | Galaxy Pizza |
| Lunch Options: Tuesday <i>Daily Special or Burger</i> Wednesday <i>Daily Special or Pizza</i> Thursday <i>Daily Special or Chicken Sandwich</i> | 9 | 10 | 11 | 12 | 13 |
| | <i>Fresh Baked Scone</i> ✂ | <i>Scrambled Eggs and Potatoes</i> ✂ | Short Day | <i>Breakfast Pizza</i> ✂ | <i>Rise and Shine Pancakes</i> |
| | Clucky Chicken Tenders | Cheesy Quesadilla ✂ | Corny the Corndog | Ready for Spaghetti ✂ | Burger or Cheeseburger |
| | 16 | 17 | 18 | 19 | 20 |
|  Enjoy our fresh and delicious fruit and vegetable bar every day ! | <i>Biscuits w/ Sausage Gravy</i> ✂ | <i>Breakfast Sandwich</i> ✂ | <i>Fruit and Granola Parfait</i> ✂ | <i>Breakfast Burrito</i> ✂ | <i>Cinnamon Rolls</i> ✂ |
| | Hearty Chili ✂ served with cornbread | Soft Tacos (Chicken) ✂ | BBQ Rib Sandwich | Butter Chicken with veggies and rice ✂ | Galaxy Pizza |
| | 23 | 24 | 25 | 26 | 27 |
| | <i>Fresh Baked Scone</i> ✂ | <i>Scrambled Eggs and Potatoes</i> ✂ | Short Day | <i>Breakfast Pizza</i> ✂ | <i>Rise and Shine Pancakes</i> |
| 1 % White Milk or Fat Free Chocolate Milk | Mac 'n' Cheese served with a roll ✂ | Burrito ✂ served with rice and beef | Chicken Sandwich | Teriyaki Chicken with veggies and rice ✂ | Turkey Sandwich ✂ |
| | 30 |  | |  | Breakfast and Lunch - No Charge ! Vegetarian options are always available. Student will also receive fruit, vegetables and a milk included with their meal. Menu subject to change. Thank you for understanding. <i>This institution is an equal opportunity provider.</i> |
| Foods with a ✂ are freshly prepared | Homerun Meatballs ✂ with rice and a breadstick | | | | |